

Australian qualifiers for the 2010 Commonwealth Games

Last updated 10 March, 2010

[Selection criteria available here](#)

This document lists only the best performance by an athlete during the qualifying period.

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MEN								
	A				B			
	Performance	Name	Date	Venue	Performance	Name	Date	Venue
100m	10.21				10.35			
	10.18	Patrick Johnson	19 Feb 10	Perth		10.23	Matt Davies	19 Feb 10
200m	20.65				20.85			
	20.54	Matt Davies	19 Feb 10	Perth		20.80	Jacob Groth	27 Feb 10
400m	45.65				46.00			
	44.86	Ben Offereins	27 Feb 10	SOPAC		45.79	Chris Troode	8 Jul 09
	45.28	John Steffensen	10 Jul 09	Rome, ITA	45.95	Clay Watkins	30 Jan 10	Canberra
	45.31	Sean Wroe	18 Aug 09	Berlin, GER				
	45.56	Joel Milburn	18 Aug 09	Berlin, GER				
800m	1:46.20				1:47.50			
	1:45.48	Jeff Riseley	17 Jun 09	Ostrava, CZE		1:46.66	Tristan Garrett	4 Mar 10
	1:45.73	Lachlan Renshaw	31 Jul 09	Leverkusen, GER	1:46.77	James Gurr	4 Mar 10	Melbourne
	1:46.04	Ryan Gregson	4 Mar 10	Melbourne	1:46.78	Ryan Foster	11 Jul 09	Fayetteville, USA
1500m	3:37.70				3:40.00			
	3:32.93	Jeff Riseley	10 Jul 09	Rome, ITA		3:39.68	Brenton Rowe	27 Feb 10
	3:35.42	Ryan Gregson	27 Feb 10	SOPAC				
	3:35.76	Collis Birmingham	6 Sep 09	Rieti, ITA				
	3:36.00	Mitch Kealey	27 Feb 10	SOPAC				
	3:36.79	Jeremy Roff	27 Feb 10	SOPAC				
5000m	13:29.00				13:38.00			
	13:14.53	Collis Birmingham	3 Jul 09	Oslo, NOR				
	13:26.91	Ben St Lawrence	4 Mar 10	Melbourne				
	13:28.31	Shawn Forrest	18 Jul 09	Heusden, BEL				
10000m	28:05.00				28:25.00			
	27:29.73	Collis Birmingham	25 Apr 09	Berkeley, USA		28:05.73	Ben St Lawrence	10 Dec 09
	27:52.10	Shawn Forrest	2 May 09	Stanford, USA	28:19.39	Jeff Hunt	10 Dec 09	Melbourne
	27:59.77	Michael Shelley	25 Apr 09	Berkeley, USA				

	A				B			
	Performance	Name	Date	Venue	Performance	Name	Date	Venue
Marathon	2:14:00				2:17:00			
	2:11:00	Jeff Hunt	7 Feb 10	Beppu, JPN	2:16:13	Lee Troop	11 Oct 09	Carpi, ITA (downhill)
	2:13:27	Martin Dent	7 Feb 10	Beppu, JPN	2:16:46	Shan Nankervis	5 Jul 09	Gold Coast
	2:12:56	Scott Westcott	1 Feb 09	Beppu, JPN				
110m H	13.74			14.00				
				13.90	Justin Merlino	11 Jul 09	Belgrade, SER	
400m H	49.70			50.54				
	48.75	Tristan Thomas	10 Jul 09	Belgrade, SER				
	49.63	Brendan Cole	15 Aug 09	Berlin, GER				
3000m St	8:27.00			8:32.00				
				8:31.85	Youcef Abdi	8 Aug 09	Cottbus, GER	
High Jump	2.25m			2.21m				
	2.25m	Liam Zamel-Paez	6 Feb/4 Mar 10	Brisbane/Melbourne	2.21m	Josh Hall	2-4 Oct 09/20 Feb/4 Mar 10 Townsville/Auckland, NZL/Melbourne	
Pole Vault	5.65m			5.45m				
	5.91m	Steve Hooker	27 Feb 10	SOPAC	5.50m	Paul Burgess	1 Jul 09	Moscow, RUS
				5.45m	Blake Lucas	20 Feb 10	Mentone	
Long Jump	7.95m			7.80m				
	8.43m	Mitchell Watt	20 Jul 09	Rethymno, GRE	7.81m	Henry Frayne	19 Sep 09	Newcastle, GBR
	8.35m	Fabrice Lapierre	4 Jul 09	Madrid, SPA				
	8.10m	Chris Noffke	12 Jul 09	Brisbane				
Triple Jump	16.70m			16.45m				
				16.67m	Alwyn Jones	17 Jul 09	Ried, AUT	
				16.62m	Henry Frayne	7 Jul 09	Belgrade, SER	
Shot Put	19.00m			18.50m				
	20.45m	Scott Martin	8 Jul 09	Salamanca, SPA	18.57m	Chris Gaviglio	27 Feb 10	SOPAC
	20.39m	Justin Anlezark	2 Aug 09	Wattenschied, GER				
	19.70m	Dale Stevenson	27 Feb 10	SOPAC				
Discus	60.00m			57.00m				
	64.97m	Benn Harradine	12 Jun 09	Lugano, SWI	59.20m	Graham Hicks	20 Dec 09	Ringwood
				57.92m	Julian Wruck	8 Jan 10	Uni of Qld	
Hammer	70.00m			67.00m				
				67.46m	Simon Wardhaugh	23 Jan 10	Launceston	
Javelin	80.00m			75.00m				
	81.32m	Jarrod Bannister	4 Mar 10	Melbourne	75.78m	Matthew Outzen	4-Mar-10	Melbourne
Decathlon	7800 points			7500 points				
				7542 points	Jarrod Sims	4 Jan 09	Adelaide	
				7522 points	Kyle McCarthy	10 May 09	Desenzano, ITA	

WOMEN

	A				B			
	Performance	Name	Date	Venue	Performance	Name	Date	Venue
100m	11.35				11.50			
					11.39	Sally McLellan	27 Feb 10	SOPAC
					11.40	Melissa Breen	18 Dec 09	Canberra
					11.49	Jacinta Boyd	19 Feb 10	Perth
200m	23.00				23.50			
					23.19	Sally McLellan	27 Feb 10	SOPAC
					23.36	Jody Henry	27 Feb 10	SOPAC
					23.45	Laura Whaler	27 Feb 10	SOPAC
400m	51.90				53.00			
					52.34	Tamsyn Lewis	3 Jul 09	Oslo, NOR
					52.41	Jody Henry	4 Mar 10	Melbourne
					52.81	Pirreee Steinert	30 Jan 10	Canberra
800m	2:01.00				2:03.00			
	2:00.70	Madeleine Pape	4 Jul 09	Madrid, SPN				
1500m	4:09.50				4:11.00			
5000m	15:20.00				15:45.00			
					15:27.75	Lara Tamsett	4 Mar 10	Melbourne
					15:35.37	Eloise Wellings	12 Feb 10	Hobart
					15:38.37	Nikki Chapple	4 Mar 10	Melbourne
10000m	32:10.00				33:20.00			
					32:19.08	Eloise Wellings	10 Dec 09	Melbourne
					32:20.14	Lisa Weightman	10 Dec 09	Melbourne
					32:20.39	Lara Tamsett	10 Dec 09	Melbourne
					32:24.70	Rebecca Lowe	10 Dec 09	Melbourne
					32:29.92	Nikki Chapple	10 Dec 09	Melbourne
					33:16.16	Cassie Fien	10 Dec 09	Melbourne
Marathon	2:35:00				2:40:00			
	2:30:42	Lisa Weightman	23 Aug 09	Berlin, GER	2:38:44	Lauren Shelley	31 Jan 10	Osaka, JPN
	2:34:08	Lisa Flint	11 Oct 09	Melbourne				
100m H	13.25				13.54			
	12.50	Sally McLellan	28 Jul 09	Monte Carlo, MON				
400m H	55.90				57.50			
	55.34	Jana Pittman-Rawlinson	15 Jul 09	Luzern, SWI	56.73	Tamsyn Lewis	27 Feb 10	SOPAC
	55.75	Lauren Boden	27 Feb 10	SOPAC				

	A				B			
	Performance	Name	Date	Venue	Performance	Name	Date	Venue
3000m St	9:48.00				10:00.00 9:52.46	Donna MacFarlane	15 Aug 09	Berlin, GER
High Jump	1.90m 1.94m 1.90m	Petrina Price Ellen Pettitt	8 Aug 09 14 Feb 10	Cottbus, GER Perth	1.86m 1.86m 1.86m 1.86m	Amy Pejkvoic Zoe Timmers Trudy Thompson	7 Nov 09 27 Feb 10 27 Feb 10	SOPAC SOPAC SOPAC
Pole Vault	4.30m 4.30m 4.30m	Liz Parnov Amanda Bisk	14/27 Feb 10 27 Feb/5 Mar 10	Perth/SOPAC SOPAC/Perth	4.10m 4.20m	Alana Boyd	5 Mar 10	Perth
Long Jump	6.55m				6.40m 6.47m 6.40m	Jacinta Boyd Kerrie Perkins	19 Feb 10 13 Nov 09	Perth Canberra
Triple Jump	13.80m				13.35m			
Shot Put	16.15m				15.50m 15.99m	Joanne Mirtschin	27 Feb 10	SOPAC
Discus	58.00m 65.84m	Dani Samuels	27 Feb 10	Sydney	54.00m 54.50m 54.45m	Kim Mulhall Calista Lyon	20 Dec 09 27 Feb 10	Ringwood Sydney
Hammer	65.00m				60.00m 63.68m 62.05m 61.89m	Gabrielle Neighbour Bronwyn Eagles Karyne Di Marco	12 Feb 10 30 Aug 09 30 Aug 09	Hobart Sydney Sydney
Javelin	57.50m 62.09m	Kim Mickle	15 Jul 09	Luzern, SWI	54.00m 56.38m 56.34m	Laura Cornford Kathryn Mitchell	7 Jul 09 4 Mar 10	Belgrade, SER Melbourne
Heptathlon	5900 points				5650 points 5800 points 5697 points	Megan Wheatley Lauren Foote	15 May 09 20 Mar 09	Lubbock, USA Brisbane