

2009/10 Men's Australian Rankings

From 29 September, 2009

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Denotes new performance

100m 10.84

	PERF	WIND	ATHLETE	STATE	YOB	VENUE	DATE
1	10.18	1.5	Patrick Johnson	QLD	1972	Perth	19 Feb 10
2	10.23	1.5	Matt Davies	QLD	1985	Perth	19 Feb 10
3	10.38	0.6	Bola Lawal	VIC/NGR	1976	SOPAC	27 Feb 10
4	10.44	0.6	Jacob Groth	NSW	1985	SOPAC	27 Feb 10
5	10.50	-0.8	Keith Sheehy	NSW	1983	Canberra	30 Jan 10
=6	10.53	1.3	Lucas Mata	WA	1988	Perth	8 Jan 10
=6	10.53	0.9	Nick Boylett	QLD	1986	Perth	19 Feb 10
8	10.54	1.2	Patrick Fakiye	NSW	1991	SOPAC	20 Feb 10
=9	10.58	0.6	Tim Rooke	VIC	1986	SOPAC	27 Feb 10
=9	10.58	-0.2	Liam Gander	NSW	1988	Hobart	12 Feb 10
=9	10.58	1.2	Isaac Ntiamoah	NSW	1982	SOPAC	20 Feb 10

Wind assisted

10.50	2.5	Mangar Chuot	WA	1989	Perth	5 Feb 10
10.38	3.2	Patrick Fakiye	NSW	1991	Bankstown	28 Nov 09
10.40	3.2	Jake Hammond	NSW	1991	Bankstown	28 Nov 09
10.53	2.2	Mathew Turk	VIC	1992	Melbourne	6-8 Nov 09
10.56	3.7	Lewis Clark	NSW	1991	Mingara	31 Oct 09
10.56	3.7	Henry Mitchell	NSW	1986	Mingara	31 Oct 09
10.58	2.4	Mark Ormrod	SA	1982	Adelaide	25 Nov 09

200m 21.54

	PERF	WIND	ATHLETE	STATE	YOB	VENUE	DATE
1	20.54	1.0	Matt Davies	QLD	1985	Perth	19 Feb 10
2	20.74	0.9	Patrick Johnson	QLD	1972	SOPAC	27 Feb 10
3	20.80	0.9	Jacob Groth	NSW	1985	SOPAC	27 Feb 10
4	20.94	1.0	Nick Boylett	QLD	1986	Perth	19 Feb 10
5	21.04	0.0	Keith Sheehy	NSW	1983	Brisbane	6 Feb 10
6	21.06	0.3	Daniel Martin	VIC	1990	Hobart	12 Feb 10
7	21.07	0.4	Jake Hammond	NSW	1991	SOPAC	5-8 Nov 09
8	21.11	1.0	Ben Offereins	WA	1986	Perth	19 Feb 10
9	21.12	-1.8	Clay Watkins	SA	1987	Adelaide	27 Jan 10
10	21.14	0.0	Sean Wroe	VIC	1985	Brisbane	6 Feb 10

No wind index

20.96	nwi	Daniel Martin	VIC	1990	Coburg	14 Nov 09
21.02	nwi	Ben Offereins	WA	1986	Perth	8 Nov 09

Wind assisted

21.08	2.8	Danny Brandwood	NSW/GBR	1982	SOPAC	20 Feb 10
21.13	3.6	Mathew Turk	VIC	1992	Canberra	22 Jan 10

400m**48.34**

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	44.86		Ben Offereins	WA	1986	SOPAC	27 Feb 10
2	45.50		Sean Wroe	VIC	1985	SOPAC	27 Feb 10
3	45.95		Clay Watkins	SA	1987	Canberra	30 Jan 10
4	46.13		Kevin Moore	NSW	1990	SOPAC	27 Feb 10
5	46.30		Joel Milburn	NSW	1986	SOPAC	27 Feb 10
6	46.34		Chris Troode	ACT	1983	Brisbane	6 Feb 10
7	46.61		Matt Lynch	NSW	1986	Bankstown	28 Nov 09
8	46.66		Nick Boylett	QLD	1986	SOPAC	27 Feb 10
9	46.74		David Burke	VIC	1989	Canberra	30 Jan 10
10	47.17		Andrew Boudrie	VIC	1985	Brisbane	6 Feb 10

800m**1:51.5**

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	1:47.06		Ryan Gregson	QLD	1990	Newcastle	6 Feb 10
2	1:47.32	<i>i</i>	Ryan Foster	TAS	1988	Seattle, USA	13 Feb 10
3	1:47.96		Lachlan Renshaw	NSW	1987	Brisbane	6 Feb 10
4	1:48.17		Mitch Kealey	QLD	1984	Uni of Qld	29 Jan 10
5	1:48.22		Werner Botha	QLD	1985	Uni of Qld	29 Jan 10
6	1:48.33		Tristan Garrett	NSW	1988	Newcastle	6 Feb 10
7	1:48.49		Matt Fox	QLD	1987	Uni of Qld	29 Jan 10
8	1:48.61		James Gurr	NSW	1983	Newcastle	6 Feb 10
9	1:48.87		Lee Berry	QLD	1990	Uni of Qld	29 Jan 10
10	1:49.17		Nick Toohey	QLD	1988	Uni of Qld	29 Jan 10

1500m**3:52.0**

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	3:35.42		Ryan Gregson	NSW	1990	SOPAC	27 Feb 10
2	3:35.89		Collis Birmingham	VIC	1984	SOPAC	27 Feb 10
3	3:36.00		Mitch Kealey	QLD	1984	SOPAC	27 Feb 10
4	3:36.79		Jeremy Roff	NSW	1983	SOPAC	27 Feb 10
5	3:39.68		Brenton Rowe	VIC	1987	SOPAC	27 Feb 10
6	3:41.03		James Nipperess	NSW	1990	SOPAC	27 Feb 10
7	3:41.69		Nick Bromley	NSW	1983	Hobart	12 Feb 10
8	3:42.37		Brett Robinson	ACT	1991	SOPAC	27 Feb 10
9	3:42.46		Philo Saunders	ACT	1976	SOPAC	27 Feb 10
10	3:44.27		Jordan Williamsz	VIC	1992	Hobart	12 Feb 10

3000m**8:20.0**

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	7:47.52	<i>i</i>	David McNeill	VIC	1986	Seattle, USA	13 Feb 10
2	7:55.91		Ben St Lawrence	NSW	1981	Newcastle	6 Feb 10
3	7:59.78		Mitch Kealey	QLD	1984	Newcastle	6 Feb 10
4	8:00.85		Ryan Gregson	NSW	1990	SOPAC	14 Nov 09
5	8:01.88		Brenton Rowe	VIC	1987	Bendigo	19 Dec 09
6	8:03.40		Youcef Abdi	NSW	1977	Newcastle	6 Feb 10
7	8:03.74		Kale Symons	ACT	1988	Newcastle	6 Feb 10
8	8:05.39		Jeff Hunt	NSW	1982	SOPAC	14 Nov 09
9	8:06.11		James Nipperess	NSW	1990	Melbourne	10 Dec 09
10	8:07.31		Philo Saunders	ACT	1976	Newcastle	6 Feb 10

5000m

14:18.0

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	13:24.62		Collis Birmingham	VIC	1984	Hobart	12 Feb 10
2	13:38.73		Ben St Lawrence	NSW	1981	Hobart	12 Feb 10
3	13:39.59		Michael Shelley	QLD	1983	Hobart	12 Feb 10
4	13:48.97		Clint Perrett	VIC	1983	Hobart	12 Feb 10
5	13:50.50		Duer Yoa	VIC	1989	Hobart	12 Feb 10
6	13:50.84		Craig Mottram	VIC	1980	Geelong	24 Oct 09
7	13:56.86		Jason Woolhouse	VIC/NZL	1980	Melbourne	26 Nov 09
8	13:57.64		Liam Adams	VIC	1986	Melbourne	26 Nov 09
9	14:01.62		Youcef Abdi	NSW	1977	Hobart	12 Feb 10
10	14:04.77		Kevin Batt	NSW	1991	Hobart	12 Feb 10

10000m

31:00.0

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	28:04.14		Collis Birmingham	VIC	1984	Melbourne	10 Dec 09
2	28:05.73		Ben St Lawrence	NSW	1981	Melbourne	10 Dec 09
3	28:13.13		Michael Shelley	QLD	1983	Melbourne	10 Dec 09
4	28:19.39		Jeff Hunt	NSW	1982	Melbourne	10 Dec 09
5	28:28.70		Martin Dent	ACT	1979	Melbourne	10 Dec 09
6	28:48.96		Liam Adams	VIC	1986	Melbourne	10 Dec 09
7	28:56.47		Jason Woolhouse	VIC/NZL	1980	Melbourne	10 Dec 09
8	29:13.98		Anthong Haber	ACT	1978	Melbourne	10 Dec 09
9	29:43.51		David McNeill	VIC	1986	Melbourne	10 Dec 09
10	29:46.93		Shaun Krawitz	VIC/NZL	1985	Melbourne	10 Dec 09

110m H

15.54

	PERF	WIND	ATHLETE	STATE	YOB	VENUE	DATE
1	14.12	-1.9	John Burstow	QLD	1985	Perth	14 Feb 10
2	14.12	1.4/1.1	Gregory Eyears	NSW	1981	SOPAC	20/27 Feb 10
3	14.13	1.1	Daniel Martin	VIC	1990	SOPAC	27 Feb 10
4	14.21	0.3	Justin Merlino	NSW	1986	SOPAC warm	30 Jan 10
5	14.24	1.4	Daniel Small	NSW	1988	SOPAC	20 Feb 10
6	14.29	0.5	Sam Baines	VIC	1991	Box Hill	2 Mar 10
7	14.44	1.5	Mitchell Webber	WA	1986	Perth	19 Feb 10
8	14.54	1.5	Christopher Johnson	WA	1986	Perth	19 Feb 10
9	14.62	1.1	Jared Bezuidenhout	WA	1990	SOPAC	27 Feb 10
10	14.72	0.5	Adam Nalapraya	WA	???	Perth	18 Dec 09

Hand timed

	13.8 h	-1.4	Justin Merlino	NSW	1986	Brisbane	6 Feb 10
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400m H

54.64

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	50.45		Brendan Cole	ACT	1981	SOPAC	27 Feb 10
2	51.02		Danny Brandwood	NSW/GBR	1982	SOPAC	27 Feb 10
3	51.44		James Roff	NSW	1986	SOAPC	27 Feb 10
4	51.73		Sasha Alexeenko	QLD	1991	Brisbane	16 Jan 10
5	52.34		Ian Dewhurst	NSW	1990	SOPAC	27 Feb 10
6	52.69		Phillip De Castro Cruz	WA	1987	Perth	22 Jan 10
7	52.75		Alexander Carew	VIC	1989	SOPAC	27 Feb 10
8	52.88		Dane Richter	WA	1981	Perth	19 Feb 10
9	53.10		Leigh Bennett	NSW	1986	Brisbane	16 Jan 10
10	53.34		Craig Burns	QLD	1988	Gold Coast	19 Dec 09

3000m St **9:25.0**

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	8:41.41		Youcef Abdi	NSW	1977	SOPAC	27 Feb 10
2	9:02.49		Dale Engler	SA	1982	SOPAC	27 Feb 10
3	9:09.07		Daryl Crook	QLD	1988	SOPAC	27 Feb 10
4	9:15.85		Jordan Nelson	VIC	1992	Melbourne	10 Dec 09
5	9:19.29		Ryan Christian	VIC	1988	Melbourne	10 Dec 09
6							
7							
8							
9							
10							

Long Jump **7.30m**

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	8.16m	1.0	Mitchell Watt	QLD	1988	SOPAC	27 Feb 10
2	7.81m	0.5	Chris Noffke	QLD	1988	SOPAC	27 Feb 10
3	7.69m	1.2	Mark Howard	NSW	1985	Canberra	30 Jan 10
4	7.53m	1.7	Robbie Crowther	ACT	1987	SOPAC	27 Feb 10
5	7.52m	1.6	Zane Leonard	VIC	1984	Canberra	30 Jan 10
6	7.50m	0.1	Henry Frayne	VIC	1990	SOPAC	27 Feb 10
7	7.36m	1.0	Shaun Fletcher	QLD	1982	SOPAC	27 Feb 10
8							
9							
10							

No wind index

7.38m	nwi	Shaun Fletcher	QLD	1982	Wollongong	16-17 Jan 10
7.30m	nwi	Thomas Soliman	NSW	1993	Illawong	31 Oct 09

Wind Assisted

7.85m	2.5	Scott Crowe	VIC	1982	Gold Coast	19 Dec 09
7.60m	3.0	Shaun Fletcher	QLD	1982	Canberra	30 Jan 10
7.56m	2.4	Robbie Crowther	ACT	???	SOPAC	27 Feb 10
7.53m	2.4	Zane Leonard	VIC	1984	Canberra	30 Jan 10

Triple Jump 14.50m

	PERF	WIND	ATHLETE	STATE	YOB	VENUE	DATE
1	15.88m	0.2	Henry Frayne	VIC	1990	Canberra	30 Jan 10
2	15.81m	-0.1	Alwyn Jones	VIC	1985	Hobart	12 Feb 10
3	15.61m	1.7	Joshua Lumley	QLD	1990	Newcastle	6 Feb 10
4	15.18m	0.0	Mark Lawrence	QLD	1987	Uni of Qld	29 Jan 10
5	14.96m	1.2	Mitchell Fontaine	VIC	1992	Hobart	4-7 Dec 09
6	14.94m	0.3	Damian Hart	NSW	1992	Hobart	4-7 Dec 09
7	14.90m	-0.5	Tim McGuire	SA	1992	Hobart	4-7 Dec 09
8	14.88m	0.6	Callan Rauchfuss	VIC	1992	Melbourne	6-8 Nov 09
9	14.61m	-0.2	Alexander Jacenko	NSW	1983	SOPAC	14 Nov 09
10	14.58m	1.4	Jared Hunter	VIC	1989	Melbourne	10 Dec 09

No wind index

15.17m	nwi	Tomas Cholensky	NSW/CZE	1978	Blacktown	28 Nov 09
14.73m	nwi	Alexander Jacenko	NSW	1983	Blacktown	28 Nov 09

Wind assisted

15.10m	2.3	Andrew Murphy	NSW	1969	Newcastle	6 Feb 10
15.59m	3.1	Joshua Lumley	QLD	1990	Canberra	30 Jan 10

High Jump 2.06m

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	2.25m		Liam Zamel-Paez	QLD	1988	Brisbane	6 Feb 10
=2	2.21m		Josh Hall	QLD	1990	Townsville/Auckland, NZL	2 - 4 Oct 09/20 Feb 10
=2	2.21m		Chris Armet	VIC	1986	Doncaster	24 Oct 09
4	2.18m		Joshua Lodge	NSW	1981	SOPAC warm	30 Jan 10
5	2.16m		Gaul Dandelion	QLD	1983	Brisbane	20 Nov 09
6	2.15m		Daniel McShane	QLD	1988	Gold Coast/Uni of Qld	19 Dec 09/8 Jan 10
7	2.13m		Thomas Brennan	WA	1990	Perth	29 Jan 10
8	2.12m		Nick Moroney	NSW	1972	SOPAC	11 - 18 Oct 09
=9	2.11m		Bradley James	NSW	1988	Gold Coast	29 Sep - 1 Oct 09
=9	2.11m		Cal Pearce	QLD	1987	Brisbane	6 Feb 10

Pole Vault 4.80m

	PERF		ATHLETE	STATE	YOB	VENUE	DATE
1	5.91m		Steve Hooker	WA	1982	SOPAC	27 Feb 10
2	5.45m		Blake Lucas	VIC	1990	Mentone	20 Feb 10
3	5.35m		Matt Boyd	QLD	1988	Perth	14 Feb 10
4	5.20m		Richard Moecks	SA/GER	1981	Adelaide	14 Nov 09
=5	5.15m		Joel Pocklington	VIC	1986	Box Hill	16 Jan 10
=5	5.15m		James Filshie	VIC	1981	Melbourne	6 Feb 10
=7	4.80m		Tim MacDermot	SA	1983	Adelaide	10 Oct 09 / 7 Nov 09 / 5 Dec 09
=7	4.80m		Stephen Cain	VIC	1984	Melbourne	27-28 Feb 10
=7	4.80m		Anthony Hanna	VIC	1982	Essendon	29 Oct 09
=7	4.80m		Brodie Cross	VIC	1994	Melbourne	6 Feb 10
=7	4.80m		Chris Clegg	NSW	1984	SOPAC	27 Feb 10

Shot Put 14.50m

	PERF	ATHLETE	STATE	YOB	VENUE	DATE
1	20.06m	Scott Martin	VIC	1982	SOPAC	27 Feb 10
2	19.70m	Dale Stevenson	VIC	1988	SOPAC	27 Feb 10
3	18.57m	Chris Gaviglio	QLD	1977	SOPAC	27 Feb 10
4	18.16m	Emanuele Fuamatu	NSW/SOM	1989	SOPAC	27 Feb 10
5	17.61m	Stuart Gyngell	NSW	1963	SOPAC	27 Feb 10
6	17.26m	Orazio Cremona	VIC	1989	Gold Coast	29 Sep - 1 Oct 09
7	16.76m	Damien Birkinhead	VIC	1993	Melbourne	10 Dec 09
8	16.67m	Paul Crowe	NSW	1974	SOPAC	11 - 18 Oct 09
9	16.30m	Todd Hodgetts	TAS	1988	Launceston	23 Jan 10
10	15.38m	Wayne Willis	SA	1973	Adelaide	12 Dec 09

Discus 47.00m

	PERF	ATHLETE	STATE	YOB	VENUE	DATE
1	59.57m	Benn Harradine	VIC	1982	SOPAC	27 Feb 10
2	59.20m	Graeme Hicks	VIC	1978	Ringwood	20 Dec 09
3	58.53m	Aaron Neighbour	VIC	1977	Box Hill	16 Jan 10
4	57.62m	Julian Wruck	QLD	1991	Uni of Qld	8 Jan 10
5	55.27m	Andrew Peska	VIC	1989	Geelong	14 Feb 10
6	53.00m	Shane Loveridge	NSW	1990	SOPAC	27 Feb 10
7	52.86m	Robert Melan	SA/SWE	1982	Adelaide	6-7 Feb 10
8	50.69m	Avtar Singh	VIC/IND	1987	Geelong	14 Feb 10
9	50.52m	Dale Stevenson	VIC	1988	Gold Coast	29 Sep - 1 Oct 09
10	49.95m	Hamish Peacock	TAS	1990	Penguin	21 Feb 10

Javelin 64.00m

	PERF	ATHLETE	STATE	YOB	VENUE	DATE
1	81.15m	Jarrod Bannister	VIC	1984	SOPAC	27 Feb 10
2	74.54m	Hamish Peacock	TAS	1990	Launceston	18 Oct 09
3	72.94m	Ben Baker	NSW	1983	SOPAC	27 Feb 10
4	72.64m	Matthew Outzen	NSW	1987	SOPAC	27 Feb 10
5	71.20m	Brett Castle	VIC	1984	SOPAC	27 Feb 10
6	68.43m	Iain Simmons	VIC	1982	Newcastle	6 Feb 10
7	67.91m	Ashley Hollins	QLD	1980	Canberra	30 Jan 10
8	65.49m	Mark Sheehan	WA	1988	Canberra	30 Jan 10
9						
10						

Hammer 51.00m

	PERF	ATHLETE	STATE	YOB	VENUE	DATE
1	67.46m	Simon Wardhaugh	VIC	1986	Launceston	23 Jan 10
2	66.74m	Tim Driesen	VIC	1984	SOPAC	20 Feb 10
3	66.72m	Darren Billett	SA	1979	Brisbane	6 Feb 10
4	66.02m	Mark Dickson	NSW	1982	Brisbane	6 Feb 10
5	59.33m	Ricard Meiring	TAS/RSA	1974	Launceston	23 Jan 10
6	58.97m	Matt Stopel	QLD	1990	Launceston	23 Jan 10
7	56.73m	Damien Birkinhead	VIC	1993	Moe	22-24 Jan 10
8	55.84m	Fernando Canepa	VIC	1976	Aberfeldie	10 Oct 09
9	55.71m	Huw Peacock	TAS	1992	Brisbane	6 Feb 10
10	53.99m	Joshi Philip	VIC	1987	Ringwood	14 Nov 09

Decathlon 6000 points

	PERF	ATHLETE	STATE	YOB	VENUE	DATE
1	7427 pt	Stephen Cain	VIC	1984	Hobart	13-14 Feb 10
2	7331 pt	Kyle McCarthy	QLD	1982	Hobart	13-14 Feb 10
3	7127 pt	Jarrold Sims	SA	1984	Blacktown	9-10 Jan 10
4	6738 pt	Cameron Crowley	QLD	1988	Gold Coast	21-22 Nov 09
5	6622 pt	Adam Bevis	QLD	1990	Brisbane	23-24 Jan 10
6	6557 pt	Matthew Harris	NSW	1989	Hobart	13-14 Feb 10
7	6487 pt	Aaron Page	VIC	1986	Hobart	13-14 Feb 10
8	6403 pt	Daniel Bailey	VIC	1990	Hobart	13-14 Feb 10
9	6113 pt	Daniel Lawton	NSW	1980	Blacktown	9-10 Jan 10
10	6111 pt	Brendan Peters	QLD	1986	Brisbane	23-24 Jan 10

No wind index

	7238 pt	Kyle Rasti	WA	1986	Perth	7-8 Nov 09
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